

HORARIOS

CLASS TIMETABLE



The company reserves the right to make last minute changes
La empresa se reserva el derecho a hacer cambios de última hora

consulta la normativa
COVID-19



EN EL GYM

time hora	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado	Sunday Domingo
09:00 10:00	CICLO INDOOR	tone up	CICLO INDOOR	CLOSED	YOGA	CICLO INDOOR	CLOSED
10:00 11:00	FREE TIME	SALA LIBRE	FREE TIME	CERRADO	FREE TIME	SALA LIBRE	CERRADO
11:00 12:00	CIRCUITO FUNCIONAL	YOGA	tone up	CLOSED	CICLO INDOOR	YOGA	CLOSED
12:00 14:00	FREE TIME	SALA LIBRE	FREE TIME	SALA LIBRE	FREE TIME	SALA LIBRE	CERRADO
14:00 15:00	CERRADO	CLOSED	CERRADO	CLOSED	CERRADO	CLOSED	CLOSED
15:00 16:00	SALA LIBRE	FREE TIME	SALA LIBRE	CERRADO	FREE TIME	SALA LIBRE	CERRADO
16:00 17:00	CROSS TRAINING	<i>yogilates</i>	CIRCUITO FUNCIONAL	CLOSED	<i>yogilates</i>	HIIT XTREM	CLOSED
17:00 18:00	YOGA	CICLO INDOOR	YOGA	CERRADO	CICLO INDOOR	CICLO INDOOR	CERRADO

Traer agua y toalla!! Wasser und Handtuch mitbringen !! Bring water and towel !! Apporter de l'eau et serviettes!!